



## Cheyenne Mountain State Park

COLORADO SPRINGS, Colo. –Cheyenne Mountain State Park is located south of Colorado Springs at 410 JL Ranch Heights Road. Take Nevada Avenue south, which becomes Colorado State Highway 115 to JL Ranch Heights Road opposite the Main Gate One entrance to Fort Carson. Turn to the west to the park entrance. Programs are free unless otherwise noted but, vehicles entering the park must have a \$7 daily or \$70 annual State Parks pass. For more information, call 719-576-2016.

### July Programs 2017



#### Saturday, July 1

**Program:** What's Blooming Discovery Hike

**Time:** 9:00 a.m. – 10:30 a.m.

**Location:** Cheyenne Mountain State Park Camper Services

**Details:** Discover what's blooming around Cheyenne Mountain with the park naturalist on an easy, one mile trail.

**Recommended for ages 6 years and up. Closed-toe shoes required. Hiking shoes recommended.**

Reservations requested. State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

#### Sunday, July 2

##### **Fun Before the Fourth**

**Time:** 5:00 p.m. – 8:00 p.m.

**Location:** Prairie Skipper Group Picnic Area

**Details:** Celebrate Independence Day early with fun games, activities, crafts, and face painting! There will be education and exploration of the outdoors featuring the trivia wheel and discovery boxes. Food trucks will be onsite. Fort Carson fireworks can be enjoyed after the park event and will begin around 9:30 p.m. All park activities will be held at the Prairie Skipper picnic pavilion. Event and activities are free but, a State Park's pass is required (Daily \$7, Annual \$70) on every vehicle entering the park.

**Information:** 719-576-2016

#### Friday, July 7

**Program:** Hike with the Naturalist

**Time:** 9:00 a.m. – 10:30 a.m.

**Location:** Cheyenne Mountain State Park Limekiln Trailhead

**Details:** Take an easy hike with the park naturalist on Zook Loop and learn about the park's history. State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

#### Saturday, July 8

**Program:** A Walk Through Seussville

**Time:** 10:00 a.m. – 11:30 a.m.

**Location:** Cheyenne Mountain State Park Camper Services

**Details:** Dr. Seuss once said, “You’re off to Great Places! Today is your day! Your mountain is waiting, so... get on your way!” So what are you waiting for? Get on your way to Cheyenne Mountain State Park and join us as we read one of Dr. Seuss’ books as we explore one of our beautiful park’s trails. Appropriate for all ages.  
**\*RESERVATIONS REQUIRED and will be limited to 14 hikers\*** State Park’s pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

### **Sunday, July 9**

**Program:** Full Moon Hike—Buck Moon

**Time:** 7:30 p.m. – 9:00 p.m.

**Location:** Cheyenne Mountain State Park Camper Services

**Details:** Join us on this easy, evening stroll and celebrate the time when bucks begin growing their antlers! This is a naturalist-guided walk and will end at the amphitheater where we’ll see the moon rise over the horizon (weather permitting). **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.**

**\*RESERVATIONS REQUIRED and will be limited to 14 hikers\*** State Park’s pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

### **Wednesday, July 12**

**Program:** Wildflower Hike

**Time:** 9:00 a.m. – 11:00 a.m.

**Location:** Cheyenne Mountain State Park Visitor Center

**Details:** Wednesday Wildflower Walks begin again! This is a beautiful, easy guided nature walk with volunteer naturalist Lucy Bell that lasts about an hour and a half and focuses on all the wonderful wildflowers that can be found around the Park. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.**

Reservations requested. State Park’s pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

### **Friday, July 14**

**Program:** A Hike and a Book

**Time:** 9:00 a.m. – 10:30 a.m.

**Location:** Cheyenne Mountain State Park Limekiln Trailhead

**Details:** Join the park naturalist on an easy one mile hike. We’ll stop at the Rock Garden and read a story about a legend of Cheyenne Mountain, *The Dragon Mountain*. Appropriate for all ages. State Park’s pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

### **Saturday, July 15**

**Program:** Junior Ranger Hike

**Time:** 1:00 p.m. – 3:00 p.m.

**Location:** Cheyenne Mountain State Park Camper Services

**Details:** Do you love the outdoors and think you have what it takes to be a Junior Park Ranger? Come take a hike with the park naturalist and complete your Junior Ranger book along the way. You can pick up a Junior Ranger training booklet at the Visitor Center or at class. Kids 7-12 years old can earn a Junior Ranger badge and/or a colorful patch depending on levels completed. **Recommended for ages 7-12. \*RESERVATIONS REQUIRED and will be limited to 12 for this program\*** State Park’s pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

## Sunday, July 16

**Program:** Discovery Table—Flora

**Time:** 9:00 a.m. – 11:00 a.m.

**Location:** Cheyenne Mountain State Park Limekiln Trailhead

**Details:** Come learn about some of the flora that make Cheyenne Mountain State Park home. State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

## Friday, July 21

**Program:** Trail Challenge Hike

**Time:** 8:30 a.m. – 12:30 p.m.

**Location:** Cheyenne Mountain State Park Limekiln Trailhead

**Details:** Have you signed up for our Trail Challenge? Are you having difficulties with best connecting routes or the motivation to finish? For this hike we will be out for the long haul on Talon, S. Talon, and N. Talon trails. This roughly 7.5 mile out and back hike traverses three different ecosystems in the park. Bring sunscreen, water, and a snack. No experience necessary. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.** Reservations requested. State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

## Saturday, July 22

**Program:** Literary Walk

**Time:** 9:30 a.m. - 11:30 a.m.

**Location:** Cheyenne Mountain State Park Visitor Center

**Details:** CMSP continues its summer season of the Literary Walk in the Woods on Saturday, July 22, featuring *The Earl of Dunraven* (1841-1926) in Yellowstone Park in the late summer of 1874. This program will be presented by Tamara M. Teale, PH. D., and will begin in the classroom with a biography of the author. We will then go on a one-mile nature walk on Zook Loop Trail and make a stop at the Rock Garden where we will hear selections from the author's work. For your comfort, consider bringing a lightweight folding chair or mat to sit on. Reservations requested. State Park's pass is required (Daily \$7, Annual \$70).

**Information:** 719-576-2016

**Program:** Mystery Hike

**Time:** 1:00 p.m. – 2:30 p.m.

**Location:** Cheyenne Mountain State Park Camper Services

**Details:** This naturalist-led hike challenges participants to solve a puzzle, riddle or mystery as they search for hidden clues along a one-mile or less, easy trail. We have eight different mystery hikes, so come see which one needs to be solved today! **Recommended for ages 4 years and up. Children must be accompanied by an adult.** Closed-toe shoes required. Hiking shoes recommended. Reservations requested and State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

## Sunday, July 23

**Program:** Discovery Table—Big Cats

**Time:** 9:00 a.m. – 11:00 a.m.

**Location:** Cheyenne Mountain State Park Limekiln Trailhead

**Details:** Come learn about the felines that call Cheyenne Mountain State Park home. State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

## Wednesday, July 26

**Program:** Wildflower Hike

**Time:** 9:00 a.m. – 11:00 a.m.

**Location:** Cheyenne Mountain State Park Visitor Center

**Details:** Wednesday Wildflower Walks begin again! This is a beautiful, easy guided nature walk with volunteer naturalist Lucy Bell that lasts about an hour and a half and focuses on all the wonderful wildflowers that can be found around the Park. **Recommended for ages 7 and up. Closed-toe shoes required. Hiking shoes recommended.**

Reservations requested. State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

**Program:** Moth Night

**Time:** 8:00 – 9:30 p.m.

**Location:** Cheyenne Mountain State Park Limekiln Trailhead

**Details:** Come join us on the new moon by tracking moths with insect experts from the Mile High Bug Club. Discover how amazing these nighttime insects can be. Fabric sheets and special lights will be used to attract moths for close inspection and identification. State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

## Friday, July 28

**Program:** A Hike and a Book

**Time:** 9:00 a.m. – 10:30 a.m.

**Location:** Cheyenne Mountain State Park Limekiln Trailhead

**Details:** Join the park naturalist on an easy one mile hike. We'll stop at the Rock Garden and read a short story. Appropriate for all ages. State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

## Saturday, July 29

**Program:** Women's Beginning Archery Class

**Time:** 9:00 a.m. – 11:00 a.m.

**Location:** Cheyenne Mountain State Park Archery Range

**Details:** Join other women and give archery a try, or polish up skills you already have! One on one instruction will help students learn how to shoot. All equipment is provided. Reservations are required and the class is limited to 12 students. State Park's pass is required (Daily \$7, Annual \$70). You may purchase a park pass at the Archery Range with cash or with a different form of payment at the Visitor Center or Entrance Station.

**Information:** 719-576-2016

**Program:** Archery Practice

**Time:** 11:00 a.m. – 12:00 p.m.

**Location:** Cheyenne Mountain State Park Archery Range

**Details:** For those who have completed our beginning archery class, we are offering a practice session to hone your skills. Equipment and instruction provided. Reservations required. State Park's pass is required (Daily \$7, Annual \$70). You may purchase a park pass at the Archery Range with cash, or with a different form of payment at the Visitor Center or Entrance Station.

**Information:** 719-576-2016

**Program:** Junior Ranger Program—Fire Safety

**Time:** 1:00 p.m. – 3:00 p.m.

**Location:** Cheyenne Mountain State Park Camper Services

**Details:** Do you love the outdoors and think you have what it takes to be a Junior Park Ranger? Learn about building safe campfires and all about fire safety. We'll conclude the program by roasting marshmallows and making S'Mores! You can pick up a Junior Ranger training booklet at the Visitor Center or at class. A Junior Ranger badge and/or a colorful patch can be earned depending on levels completed. **Recommended for ages 7-12. \* RESERVATIONS REQUIRED and will be limited to 12 for this program\*** State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

## Sunday, July 30

**Program:** Discovery Table—Flying Mammal

**Time:** 9:00 a.m. – 11:00 a.m.

**Location:** Cheyenne Mountain State Park Limekiln Trailhead

**Details:** Come learn all about the only flying mammal and which ones call Cheyenne Mountain State Park home. State Park's pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016

## Ongoing 2017 Programs

**Programs:** CMSP Trail Challenge and 100 Mile Trail Challenge

**Time:** Ongoing! Begins Jan. 1st, 2017 – Ends Dec. 31st, 2017

**Location:** Cheyenne Mountain State Park Trail System

**Details:** Join the 300+ participants who have already decided to take our challenge! The goal of the Cheyenne Mountain State Park Trail Challenge is to complete ALL 18 of the existing trails for a total of 21.87 miles. Not enough of a challenge for you? The 100 Mile Trail Challenge goal is to log 100 miles of trail within the park. This challenge is a go-at-your-own-pace kind of challenge. A quick sign up is necessary and sign-up sheets will be available at the visitor center anytime after Jan 1st. All miles must be logged and checked off by staff. Completion of the Trail Challenge will earn a special patch and the 100 Mile completers will earn a CMSP Challenge Coin.

The challenge is free but a valid parks pass is required on all vehicles entering the park (Daily \$7, Annual \$70).

**Information:** 719-576-2016, [www.cpw.state.co.us](http://www.cpw.state.co.us)

## Every Monday, Wednesday, and Saturday

**Program:** Yoga in the Park Time: 9:00 a.m.

**Location:** Visitor Center Meeting Room

**Details:** What better setting for a morning workout than Cheyenne Mountain State Park! Join certified instructor Sudhanshu Semwal for Sankalp Yoga every Monday, Wednesday, and Saturday. Beginners are welcome. Dates, times, and locations are subject to change. Call 719-576-2016 to confirm classes or sign up for the weekly email reminder.

Donations are appreciated and a valid parks pass is required on all vehicles entering the park.

**Information:** 719-576-2016, [www.cpw.state.co.us](http://www.cpw.state.co.us)