

Barr Lake Oasis...

A Collection of Exciting Learning Opportunities and Nature Center News

November-December 2017

We hope you all have a safe and tasty Thanksgiving Day.



Barr Lake State Park will be open all day Thursday, November 23rd, Thanksgiving Day. The Nature Center, however, will be closed, allowing staff and volunteers to share the holiday with their families.

Visit Barr Lake Nature Center this fall!

The Nature Center hours have changed!

Starting October 1st

Open every day 9am-4pm

Enjoy innovative wildlife exhibits; shop for great clothing, diverse natural history books, and unique bird gift items; savor a cup of hot coffee or tea; and get cozy on comfortable leather furniture while watching interesting birds at the feeders right outside the windows.

Veterans Day

Saturday, November 11th, 10am to 2pm



Barr Lake State Park salutes our veterans with free park admission and Eagle Express rides for you and your family into the wildlife refuge. Enjoy a bowl of warm chili in the Nature Center after your tour, sponsored by the Friends of Barr Lake. Tours start at 10:00 am and 12:30 pm. **Please call the Nature Center at 303-659-6005 to reserve your seats on the Eagle Express which is limited to 13 passengers.**

Guided Bird Walks

Collect your binoculars and field guides, or check out a loaner set of ours, and enjoy an exciting morning of birding at Barr Lake State Park. Enthusiastic Park Naturalists will introduce birders of all ability levels to Barr Lake's feathered residents and migrants. In addition to a variety of wintering songbirds, you may find the raptor and waterfowl watching this time of year to be exceptional!



Program designed for adults. All experience & ability levels welcome.

November 11th – Tammy & Ira

December 9th – Tammy & Ira



Toddler Holiday Party

Friday, December 1st 10AM-12PM



Bring the party to the ELF-sized level! Join Ranger Michelle and her merry elves as we throw a party for toddlers ages 3-6. We will light the tree, create a holiday craft, enjoy a tasty snack and hear a story of the season.

Please RSVP - 303-659-6005. Limited to 100 kids.

Annual Barr Lake's Week-long Sale and Holiday Open House

December 2nd - 10th

Save 20% and shop with a purpose

Beat the mall crowds and parking hassles! Shop for great gifts and stocking stuffers, all on sale. We carry a wide variety of children's books, puzzles, and gadgets; field and hiking guides; natural history books; stuffed animals and puppets; numerous bird items and ornaments; fabulous clothing, and more. Your purchases support great programs at Barr Lake.



Holiday Open House

Saturday, December 2nd, all day

Bring your family and friends to enjoy Barr Lake's Holiday Open House and savor delicious holiday refreshments. It's a day filled with something for everyone, see schedule below!!



- 9am-4pm Save 20% & shop with a purpose

All bookstore items and clothing are on sale!

- 9am Bird walk

- 10am-2pm Craft making for kids

Make a pinecone bird feeder or holiday ornament

11am – Winter Birdfeeding Workshop

7th Annual Winter Wonders Holiday Trail

Generously Sponsored by United Power

Saturday, December 16th 6pm to 9pm

Join us for a short hike to celebrate the wonders of winter on our lighted bridge and Niedrach Trail. Fun activities will include lighted trail, kids' crafts, face painter and a visit from Santa Claus. ***Please visit us on Facebook for weather updates!***

New Year's Noon

Sunday, December 31st 11:00AM

Come revel in 2018 before the rush! Bring the family whole to our rockin' raucous New Year's Eve Party without having the kids miss their bedtime! There will be crafts, snacks, party favors, punch toast and a balloon drop plus a countdown for a noon celebration. **Please RSVP to the Nature Center 303-659-6005 . Limited to 100 kids.**

Operation Free Bird

Saturday, November 18th , 10am – 2pm

Hyland Hills 1800 W. 89th Ave, Denver, CO, 80260 Operation Free Bird is a

community event designed to bring the less-fortunate citizens in the Adams County Colorado area together with local agencies, businesses and organizations. The main idea is to supply any family in need with everything needed for a complete Thanksgiving dinner, thus the name "Operation Free Bird". Talon the Red-tailed Hawk CPW's mascot will be there to cheer on the festivities!



Kids Holiday Pajama Party

Thursday, December 28th 10AM - 12PM

A Pajamas Party for kids of all ages! Join us for a pancake breakfast before settling in with your blanket for a viewing of **The Polar Express!** Wear your best pajamas and be sure there's not a hole in your robe pocket! Please call **303-659-6005** to RSVP for this event. **Limited to 40 kids.**



National Take-a-Hike Day

Friday, November 17th

With over 60,000 miles of trails in the National Trail System across the 50 states, there is no lack of opportunity to take a hike. Come enjoy Barr Lake's many trails while celebrating this healthy holiday.



Find us on Facebook

Barr Lake Nature Center • 13401 Picadilly Rd., Brighton, CO 80603

303-659-6005 • barr.lake.nature.center@state.co.us

www.facebook.com/BarrLakeStatePark and

www.twitter.com/BarrLakeStPk

Support for educational programming at Barr Lake State Park is provided by the Friends of Barr Lake.

Other Fun Programs!

Toddler Story Time

Thursdays, Nov 2nd & Dec 7th 10am

Bring your pre-school child to listen to stories about the natural world. Join park rangers in the Nature Center on the first **Thursday** of the month at 10am for a story, a snack and a craft sure to entertain your little one. The November theme is **Turkeys!** In December, **Snowflakes** is the theme. Please **RSVP** to the Nature Center 303-659-6005 to reserve your child's spot. *Program designed for children 3-5 accompanied by an adult.*



Yoga for Kids

Saturday, Nov 18th 10am & 11am

Studies prove that yoga for kids boosts focus, stress-relief, and overall happiness. Start your child with the basics in these yoga poses and sequences. We'll also share a story *Sally's Hard Day* that will teach kids how to manage negative feelings. Recommended for ages 4-9, and parents are welcome to attend too. This event is free, but we accept donations to the Richard Lambert Foundation "Camp Forget Me Not", a 2-day camp designed for children ages 8-12 who are grieving the loss of someone close to them. Limited to 30 kids per class so RSVP at 303-659-6005.

The Great Waddle Walk-off

Friday, November 24th 10am

Thinking you might over-do it at Thanksgiving? It's all about family, friends and delicious food, but wouldn't it be nice to add an adventure outdoors where you can stretch your legs and fill your lungs with wonderful fresh air? Come to Barr Lake State Park! We have a peaceful 3-mile stroll planned that is the perfect way to socialize with old friends and maybe make a few new ones, all while enjoying Mother Nature. Dogs are welcome, so don't forget your four-legged family members, too! Held in conjunction with CPW's Fresh Air Friday.

Pedal the Perimeter

Sundays, November 5th & December 3rd, 1PM
(Weather & trail conditions permitting)

Explore Barr Lake's nearly nine mile Lake Perimeter Trail by bicycle! Sunday afternoon is a great time in the park, and wildlife abounds! Join a park volunteer for a special tour around the lake. Be sure to bring water and a helmet as well as your favorite bike. *Limited to 30 participants, so call 303-659-6005 to RSVP. This event may be cancelled or postponed due to trail and/or weather conditions.* **RSVP**



required: 303-659-6005

Archery Programs

Sunday, November 19th at 11am-1pm

Turkey Shoot!!!

Sunday, December 3rd at 11am-1pm

Regular Basic Archery

Sunday, December 17th at 11am-1pm

Snowflake Shoot!!!

Join the Barr Lake rangers for this Introduction to Archery event. Loaner equipment will be on hand for use during class. Number of participants limited, ages 6 to adult, so registration is required. Call the Nature Center at 303-659-6005 to register.



\$7 daily or annual parks pass required for all programs except Fresh Air Friday on November 25th.

Full Moon Hikes

Envision yourself taking an evening hike while experiencing the rising full moon. Explore Barr Lake at dusk with Park Naturalists and enjoy a fall evening outdoors!



Limited to 30 participants. Please RSVP 303-659-6005

Trek through History



Friday, November 3rd at 5:30pm

Walk through the history of Barr Lake on this informative stroll through time. Please meet at the Boat Ramp area. *Suitable for all ages, dress for the outdoors.*

Solstice Moon Hike



Thursday, December 21st at 5:30pm

Bundle up and share part of the longest night of the year with Naturalist Larry and the last quarter of the moon. *Suitable for all ages, dress for the outdoors.* All ages welcome; meet at the Nature Center.

33rd Annual City of Brighton

Turkey Trot 5K Run/Walk

Saturday, Nov 18th 8:30am to noon

Please drop by to say "hi" to Talon, park staff, and volunteers at the Brighton Recreation Center. We hope to see you there.



City of Brighton 22nd Annual Festival of Lights Parade

Saturday, December 9th at 5pm

Join park staff and volunteers as we showcase our fully-lighted patrol vehicle and boat to join in the celebration of the "A Hometown Holiday Tradition" parade in downtown Brighton.

Birdhouse Building for Kids

Saturday, Nov 25th & Dec 9th 9:30am - 12:00pm

Make a birdhouse in preparation for Spring or as a holiday gift for a bird-loving loved one. We will talk about why put up a bird house, what else you can do after mounting the house and then talk about the house wren. Kids ages 9-13 will put together a birdhouse kit to take home for decorating.

Limit to 10 kids/10 houses.

Adult Polymer Clay Workshop

Sunday, November 26th, 1pm to 3:30 pm

Unleash your creativity and learn how to make a fun owl sculpture or ornament out of polymer clay. Limited to 10 participants 16 or older so please RSVP. Supplies provided. The project for November is owls.

Immersion in Nature

Adults only: Fridays, Nov 10th & Dec 8th 10 am

Saturdays, Nov 18th & Dec 2nd 10 am

Need some time away? Join us for a de-stressing walk in the park. This program is based upon the Japanese practice of "Shinrin-Yoku", a premise which describes a wide range of healthful and healing benefits of "forest bathing". Leave your cell phone and camera in the car, even binoculars can become a distraction. We will walk quietly, examining the world around us. *No RSVP required.*

森林浴
shinrin-yoku

e-Mailing list

Would you like to receive the Barr Lake Oasis via email? If so, please send an Oasis e-mailing request to barr.lake.nature.center@state.co.us