

## Tashmesia “Tash” Mitchell

Tash Mitchell is a learner and thought partner who values, encourages, and supports inclusive collaboratives working to empower community. As a contractor and consultant, Tash focuses her capacity building and authentic community engagement expertise on Northeast Denver initiatives that aim to increase and improve Healthy Eating Active Living (HEAL) and the built environment, expand youth access to nature and the outdoors, and support residents in their civic engagement efforts to achieve thriving communities.